



For your cosmetic tattoo to heal properly and look their best, these pre care and after care instructions are of the upmost importance.

**** Please pencil or powder your brows how you wear them daily. ****

Pre – Care

Designed to limit bleeding and skin sensitivities with your cosmetic procedure. Read over and please call 541- 228-9595 if you need to cancel or reschedule your appointment. I ask that you do so at least 48 hours before the being of your appointment, or you will be charged a cancellation fee of \$50.

- The skin must be free of all irritations, including ingrown hairs, blemishes, eczema, and psoriasis. Do not work out the morning of your procedure.
 - No alcohol and limit caffeine 24 hours before and after procedure.
 - Avoid tanning on your face for two weeks prior to procedure.
 - Do not take aspirin, niacin, vitamin E or Advil/ibuprofen 48 hours before procedure.
- Avoid fish oil, prenatal vitamins, collagen, and “hair, skin and nails” supplements two weeks prior to appointment.
- Discontinue Retinol products, chemical peels, laser peels, laser procedures, microdermabrasion, alpha hydroxy acid (AHA), and any chemical exfoliant or “brightening” skincare at least 6 weeks prior. NOTE: Once the area has healed, you must avoid the use of these products on the area to prevent premature fading.
 - Botox and dermal fillers on the forehead, temple, and eye area should be avoided for 3 weeks before appointment.
 - No antibiotic use for 30 days prior and post appointment.
 - You will be more sensitive to pain during your menstrual cycle.
- No brow waxing, tinting or threading one week prior. This is for the 1st appointment only. The more natural hair growth, the better.

DISCLAIMER

I hold the right to deny service to clients who have the following conditions. (If you have any of the following conditions, please contact me immediately to ensure you are a candidate.)

- Pregnant or nursing
 - Diabetic
- Viral infections and/or diseases
 - Epilepsy
- Use of a pacemaker and/or major heart problems
 - Organ transplant
- Tendency towards keloids and scars
 - Seborrhic dermatitis
- Skin irritations or psoriasis near the procedure area (rashes, sunburn, acne, etc.)
 - Sick and cold as well as having any symptoms (cold, flu, COVID, etc.)
 - Used Accutane in past year
 - Allergies to anesthetic (Lidocaine)
 - Extremely problematic skin

*Please wear your eyebrow make up the way you normally wear it (penciled or powdered in) so I can see what you are used to wearing. You can bring photos of what you are wanting to achieve with shape and color, if you choose. The more information you can provide me with, the better! Don't worry if you don't really know what you want, I am here to help navigate you through this whole process.

*Not following these rules will result in forfeiting your appointment and the credit card on your file will be charged \$50. No-shows and cancellations that are not 48 hours prior to your appointment will also result in being charged \$50 booking fee. You will not be charged to reschedule.

After Care

For the first 24 hours your brows or eyeliner will be "sweating". Using a clean tissue or gauze blot your brows to remove the excess plasma every hour.

- After 24 hours, keep the area clean by using fragrance-free mild cleanser and water. Hands must be freshly clean. Avoid the use of abrasive washcloths and sponges.
 - Allow area to completely dry before applying ointment (pat dry with a tissue or air dry.)
- Once fully dry, apply a thin layer of provided ointment (rice grain sized amount) to area dabbing off excess. We want them to be moisturized, but not wet.
 - Repeat the process above for 7-10 Days after service.
- DO NOT rub, pick, or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can lead to scarring and pigment loss.
- Avoid direct sun exposure and tanning beds for a minimum of 4 weeks after your procedure. Direct sunlight can cause the pigment to change color while it is healing and can also cause hyperpigmentation and scarring.
 - Avoid pool, sauna, steam room, hot showers and/or for 10 days.
- Avoid sweating on your face for 10 days. Sweating through or on the brows will expel pigment from the dermis producing poor results.
 - Avoid sleeping on your face/brows for the first 10 days.
- NO make up or skin care to be used on the treated area for 10 days. After 10 days, once the area has healed completely, consider using sunblock when going out in the sun to stop the pigment from fading.
 - No eyebrow tinting for 2 weeks.
- Avoid Retin-A, chemical peels, laser treatments, microdermabrasion, and/or anything to treat hyperpigmentation around the area once you are healed to prevent fading of pigment.

Please note: Procedure may appear darker, bolder and sharper due to natural scabbing and healing for the first week. This is very common for all cosmetic tattoo procedures.

After You Have Healed

- Brow tattoos normally last 1-3 years depending on client's lifestyle, skin-type, and aftercare. Eyeliner may last longer.
 - Exposure to the sun and tanning beds can cause fading and discoloration of the pigment.
 - Always apply sunblock (SPF 50) on brow area once they have completely healed.
- Maintain removal of unwanted brow hair outside of the tattooed brow design by tweezing, threading, waxing or razoring. DO NOT laser around your brow area. Laser will change the color of the pigment.
- Additional eyebrow make up application may still require post tattoo to achieve your desired look. It is meant to be a natural enhancement.
 - Yearly touch ups are recommended to maintain your results.
- Avoid using chemical skin exfoliants on the brows and forehead area. Use of these products will cause premature fading and tattoo discoloration. Examples may include but are not limited to the following: glycolic acid, hydroquinone, retinol, Retin-A, vitamin C, "peels" and any "brightening" product.
- Any service or product used to treat hyperpigmentation on the forehead and eye area should be avoided.

IMPORTANT

To have the perfect eyebrows, it is a MULTI-STEP process. This cannot be achieved in just one session. Some clients may need more than two sessions to achieve their desired density and shape. There are no implied or written guarantees if you do not follow above pre and post care instructions.

If you have any questions at any point throughout this process, please call 541-228-9595.